



## Walking on the Path of Healing & Transformation in Troubled Times

A Weekend Retreat Focusing on Inner Resources to Enhance Living -  
facilitated by Himayat Inayati, M.S., Th.D.

**Place:** The Gainesville Retreat Center, 1551 SE 51<sup>st</sup> Street,  
Gainesville, Florida, 52641  
**Date:** April 18 & 19, 2015  
**Time:** 9:30 – 5:00 each day  
**Cost:** \$150.00. (\$50 of which will be applied to your room rental if you decide to stay on site. Please let us know if you will be lodging on site or commuting when you register!)  
**Contacts:** Local 352-222-8869, 352-213-2221 National: 828-713-1832

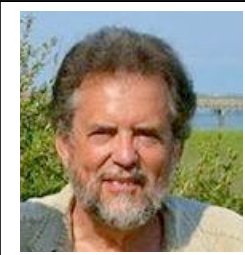
Retreat accommodations and meals are available by contacting the Gainesville Retreat Center directly at [gainesvilleretreat@gmail.com](mailto:gainesvilleretreat@gmail.com), 352-213-2221

An additional \$16 fee for lunches on Sat & Sun is required with your registration.

### The Program

In our time together participants will deepen their understanding of the dynamics of presence, breath, and the sacred, in healing and illumination. In our ever-changing and increasingly demanding world, the tools offered at this workshop provide important resources to cultivate a healthy and fulfilling life. Sufi teaching on subtle anatomy, along with our three primary energy zones and their functions will be experienced and explored. Time will be balanced between teaching from Himayat, personal practice and contemplation, inquiry, group sharing, and personal assimilation of each day's experiences.

**Registration:** Please mail your registration of \$150.00 (plus \$16 for two lunches) to: Universal Awakening, PO Box 17578, Asheville, North Carolina 28816 **postmarked no later than April 7, 2015.**



**Himayat Inayati, M.S., Th.D.**, started the first Sufi Order International Center in Florida (Miami) in 1975. He was the international head of The Sufi Healing Order for 20 years, and taught Sufi mysticism and healing in 14 countries. He is the founder of The Raphaelite Work™, a method of healing and transformational process rooted in Sufism and updated by modern psychology, neuro-physiology, and body work. Himayat is the founder and president of Universal Awakening, .

[www.universalawakening.org](http://www.universalawakening.org). He lives in Leicester, North Carolina where he co-leads Light of the Mountains Retreat Center with his wife Shahida Whitney. Himayat, a catalytic leader in the national dialogue between spirituality, science and healing, has created twenty six conferences in support of it. His strength is making the subtle and sometime difficult teaching and practice of Sufism both accessible to the modern psyche and applicable in addressing the concerns of our time.