

# The Light of Self Revelation

A transformative retreat with Murshid Himayat Inayati

16. - 21.02.2010

Today most of us are incessantly mentally, emotionally, and physically active. Often we reach impasses, sometimes several times in a day, and we really don't know what to do. Just as often we react rather than act at those moments. Over the past several millennia, the Sufis have developed "kashf", a guiding light of the mind and heart. This light can be trained upon oneself to open the most impossibly dark spaces within, to bring one into spaces of great understanding and affirmation of life. This light of self revelation will be the core theme of the retreat with Himayat, for not only are the chains that bind us to be found within, but the very keys that will liberate us are found there as well.

Himayat's teaching is known for its lucidity, practical application, compassion, and humour. You are invited to join us in what promises to be a deeply transformative moment.



**Retreat:** Till 30.11.2009 255- EUR  
From 01.12.2009 285- EUR

**Board and lodging:** 285-EUR double room

The house lies in a beautiful countryside with sauna and swimming pool.

[www.ferienzentrum-lieberhausen.de](http://www.ferienzentrum-lieberhausen.de)

**Registration and Information:**

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